## **CLAIM LISTING**

Claims 1-34 Previously cancelled.

Claims 35-59 Cancelled herein.

60. (New) A method for producing a shaped porous material which comprises:

Partially curing a phenolic resin to a solid that when ground can be sintered but that on carbonization does not melt;

Grinding the solid into resin particles;

mixing the resin particles with a secondary component that remains after paralysis, does not shrink during pyrolysis and is selected from activated carbon powder, graphite, a metal, a metal oxide, an inorganic oxide, silicon powder, silicon monoxide powder or a mixture of carbon and silicon and silica, and optionally a novolak;

adding liquid to the mixture and forming the mixture into a dough;

shaping the dough and sintering it to give a form-stable shaped solid product; and pyrolysing the form-stable shaped solid product by heating to a carbonization

temperature to give a carbonized material having the shape of the form-stable solid product.

- 61. (New) The method of claim 60, wherein the temperature and duration of the partial curing step are selected to give a sinterable product that when ground to give particles in the size range 106-250 µm and tabletted give a pellet with a crush strength not less than 8 N/mm.
- 62. (New) The method of claim 60, wherein the phenolic resin is a hexamine-cured novolak resin.
- 63. (New) The method of claim 60, wherein the secondary component comprises a mesoporous activated carbon with a mean pore size in the 1-5 nm range.
- 64. (New) The method of claim 60, wherein the secondary component is powdered graphite.
- 65. (New) The method of claim 60, wherein the secondary component is copper, aluminium or tungsten.
- 66. (New) The method of claim 60, wherein the secondary component is an amorphous oxide, a zeolite, a layered clay or silica.

- 67. (New) The method of claim 60, wherein the grinding operation comprises hammer milling followed by jet milling.
- 68. The method of claim 60, which comprises forming the dough by mixing the resin particles, secondary component and any novolak with methyl cellulose, PEO and water.
- 69. The method of claim 60, wherein the material is shaped by extrusion
- 70. The method of claim 60, further comprising activating the pyrolysed material using steam or carbon dioxide.
- 71. The method of claim 60, which comprises further heating to a temperature above 1000°C.
- 72. The method of claim 60, wherein the secondary component is present in the shaped and sintered material in an amount by volume of not more than 40%.